

14th Annual Pain Society of Alberta Agenda at a Glance October 16–18, 2020

Coming Together. Learn. Share. Inspire

An interim guide for planning purposes (subject to change). All sessions are MDT (Mountain Daylight Time)



Updated: October 10 2020

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Friday October 16, 2020

0730h Welcome

Louise Crane: Metis Elder of Cree Heritage - Opening Prayer

- 0810h Dr. Verna Yiu: Opening of the 14th Annual Pain Society of Alberta Conference
- 0820h Dr. Rob Tanguay: President's Welcome
- 0825h Movement Break
- 0830h Pediatric Pain in Alberta

Katie Caldwell: A Lived Experience with Pain

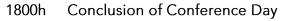
- Dr. Katie Birnie: Improving Children's Pain Through National Partnerships with Lived Experience, Research, Care, and Policy.
- Dr. Melanie Noel: Trauma and Pediatric Pain: An Intergenerational Problem
- Dr. Samina Ali: No Pain? So Many Gains: How to Improve Children's Healthcare Experiences and Make Your Life Easier.
- Dr. Nivez Rasic: Moderator for Group Question and Answer
- 1045h Movement and Wellness Break. Engage with our Exhibitors (Healthcare Providers only)
- 1100h Dr. Norman Doidge: The Brain's Way of Healing: New Neuroplastic Approaches to Pain, Part I**
- 1300h Lunch. Engage with our Exhibitors (Healthcare Providers only)
- 1345h Dr. Norman Doidge: The Brain's Way of Healing: New Neuroplastic Approaches to Pain, Part II**
- 1515h Movement and Wellness Break. Engage with our Exhibitors (Healthcare Providers only)
- 1545h Provincial, National and International Pain Updates
 - Dr. Rob Tanguay and Tracy Wasylak: Alberta Pain Strategy Update

Maria Hudspith: Pain BC - Mobilizing to Transform How Pain is Understood and Treated in Canada

- Dr. Susan Tupper: SaskPain Impacting Today and Building for Tomorrow
- Dr. Fiona Campbell and Maria Hudspith: The Canadian Pain Task Force: Working to Better Understand and Address the Needs of Canadians Living with Chronic Pain
- Dr. Michael Gold and Dr. Jessica Merlin: Forming the United States Association for the Study of Pain in Uncertain Times.

Carol Bennett: A Perfect Storm – Chronic Pain in the COVID Era

Dr. John Pereira: Moderator for Group Question and Answer



*all times MDT

**Dr. Doidge's presentation <u>will not be recorded</u>. Registrants are prohibited from taping and/or reproducing this session.



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Saturday October 17, 2020

- 0800h Welcome and Conference Day Opening In Remembrance of Dr. Ronald Melzack, A Trailblazer in Pain Science.
- 0830h What's New in Pain
 - Dr. John Pereira: The Anti-inflammatory Diet for People With Lived Experience
 - Dr. Hance Clarke: Managing Cannabis in the Perioperative Period
 - Dr. Tasha Stanton: Targeting Pain from Many Angles: A Foray into Language, Sensory Modulation, and Brain Trickery
 - Dr. Norm Buckley: Pain Research Networks in Canada- Experience with the Chronic Pain Network and the New Veterans 'Centre of Excellence.'
 - Dr. Rob Tanguay: Moderator for Group Question and Answer
- 1045h Movement and Wellness Break. Engage with our Exhibitors! (Healthcare providers only)
- 1130h Dr. David Dodick: Migraine Circa 2020: A Gold Rush for Treatments; A Heyday for Patients
- 1215h Dr. William Kingston: Head Scratchers: The Conundrum of Managing Migraine with Comorbidities - Sponsored Lunch for Healthcare Providers only
- 1315h Headache and Migraine
 - Dr. Werner J. Becker: Acute Medications for Treating the Migraine Attack: A Brief Overview of the Past, Present, and the Future.
 - **Dr. Lara Cooke:** When is a Headache NOT Just a Headache? A 'Tour' of Non-migraine Primary Headaches and Sinister Headaches.
 - Dr. Michael Knash: Migraine and Headache On More Days of the Month Than Not: Diagnosis and Management
 - Dr. Werner J. Becker: Moderator for Group Question and Answer
- 1500h Movement and Wellness Break. Engage with our Exhibitors! (Healthcare providers only)
- 1545h Culture and Communication
 - Lissanthea Taylor: Titrating Stories Using Narrative Medicine in Psychologically Informed Pain Care.

Julia Condrea: Chronic Pain Management Through a Culturally-Informed Approach Hayley York: Understand Me To Understand My Pain: Person with Lived Experience Christelle Zacharki: Moderator for Group Question and Answer

1730h Conference Day Concludes



Coming Together. Learn. Share. Inspire Sunday October 18, 2020

- 0800h Welcome and Conference Day Opening
- 0815h Dr. Pamela Barton Memorial Lecturer: Dr. Michael Sullivan Dr. Michael Sullivan: Can Thoughts Influence Sensitivity to Pain? Reflections on 25 Years of Research on Pain Catastrophizing

0900h Movement and Wellness Break. Engage with our Exhibitors! (Healthcare providers only)

0945h Building Resilience

Sheila Killoran: Music Therapy for Pain and Symptom Management in Palliative Care
Dr. Jaeun Macen: From the Inside Out: Spiritual Resilience and the Experience of Suffering
Tracy Fossum: Trauma from Chronic Pain Care: Person with Lived Experience
Dr. Rob Tanguay: Moderator for Group Question and Answer

- 1130h Pain Champion and Pain Excellence Award Ceremony
- 1150h Lunch and engage with our Exhibitors! (Healthcare providers only)
- 1230h Rehabilitation and Lifestyle

 Dr. Tara Packham: Deconstructing Desensitization
Shelly Prosko: Yoga Therapy: A Contribution to Comprehensive Pain Care
Dr. Maitreyi Raman: An Approach to Chronic Pain Management Using Diet and Mind Body Interventions to Improve Gut-Brain-Microbiome Axis Inter-connectivity.
Dr. Rob Tanguay: Moderator for Group Question and Answer

1430h Movement and Wellness Break. Engage with our Exhibitors! (Healthcare providers only)

1515h Perspectives on Opioids

Dr. Launette Rieb: Opioid Use in the Time of COVID19
Dr. Stefan Kertesz: Protecting Pills Versus Protecting Patients: The Opioid Taper Dilemma
Guy Felicella: My Journey Into and Through Addiction: Person with Lived Experience
Claudine Adlington: Bridging the Gap, Patients versus Practitioners: Person with Lived
Experience

Dr. Rob Tanguay: Presentation TBD and Moderator for Group Question and Answer

1730h Digital Passport Award

Louise Crane: Metis Elder of Cree Heritage - Closing Prayer 14th Annual Pain Society of Alberta Conference Concludes

